

## Youth Action for Change Workshops Statistics 2025

### Youth Feedback Highlights

- Gained deeper understanding of **misogyny, consent, and healthy vs. unhealthy relationships**
- Learned how to **intervene, report harmful behaviours, and communicate across different relationships**
- Felt empowered to **challenge harassment** and **change personal attitudes**
- Direct quotes include:
  - “It showed me a deeper meaning of misogyny”
  - “I am going to stop being misogynistic”
  - “Tell my mates to stop if they start harassing a girl”

### Youth Impact Statistics

- **97%:** Say *everyone should take this workshop* and that it improved their understanding of **healthy relationships** and **societal impacts of misogyny**
- **94%:** Better understood **consent**
- **100%:** Feel more able to **call out harmful behaviours**

### Professional Feedback Highlights

- Praised the **real-life examples, engaging discussions, and practical resources**
- Found the content **easy to digest** and **valuable for working with young people**
- Quotes include:
  - “Amazing trainers, amazing training”
  - “Great discussion, with real life examples and good resources”

### Professional Impact Statistics

- **100%:** More confident in addressing **relationships, legislation, and consent**
- **95%:** More confident discussing **patriarchy, stereotypes, and misogyny**
- **100%:** Feel better prepared to support young people on these topics